Essentials



PRODUCT PROFILE SHEET

Also known as Vitamin H, Biotin is one of the B complex vitamins that helps the body convert food into energy.

D-Biotin acts as a coenzyme in the **metabolism of protein, fats and carbohydrates**. It is also involved in **cell signalling**, the process by which the human body's cells communicate with each other. It is worth noting that Biotin cannot be synthesized by human cells; instead, it is produced by bacteria in the body.

Although Biotin is found in various foods including liver, cauliflower, salmon, carrots, bananas, soy flour, cereals and yeast, Biotin content is reduced by cooking and preserving.

Dietary supplements containing D-Biotin are popular around the World and **Beauty-Within** formulations very often include Biotin, with **D-Biotin** being used the most as it is believed to be the biologically active form of biotin.

Product Advantages

- ✓ High-Quality Ingredient
- ✓ Active form of Biotin
- ✓ Solvent free Extraction
- ✓ From selected approved partners
- Qualified and approved by our Regulatory team
- Technical and Commercial support from our expert teams
- Suitable for Vegetarians & Vegans
- Kosher & Halal Certified

Product Range

LEHVOSS Code	Active Ingredients	Form
26000456	Minimum 97.5% D-Biotin	Powder

Product Dosage

50 μg/day correspond to 100% of the RDI (Recommended Daily Intake).

Approved Health Claims

There are a number of **EFSA approved health claims for D-Biotin** (Vitamin B7) stating that it contributes to:

- Normal energy-yielding metabolism
- Nervous system and psychological function
- Mucous membranes
- Maintenance of hair and skin
- Macronutrient metabolism



About

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