PUREWAY®
Creatine

Liposomal delivery is a cutting-edge method of nutrient delivery that encapsulates active compounds within lipid (fat) vesicles called liposomes. This technology significantly enhances the absorption and bioavailability of supplements, including creatine.

LiposoMax™ = Results

Combining Creatine with Liposomal Delivery not only amplifies its already powerful benefits but also addresses common issues related to absorption and bioavailability, making it a superior option for athletes and individuals seeking optimal performance and benefits.

Powerful Benefits of Creatine

- Enhanced Muscle Performance
- Supports Faster Recovery
- Greater Muscle Mass and Strength
- Sustained Energy Levels



Benefits of Combining

Creatine with Liposomal Delivery

Enhanced Absorption

Liposomal encapsulation protects creatine from degradation in the digestive system, ensuring more of the active compound reaches the bloodstream and ultimately the muscles. This leads to more effective and efficient utilization of creatine.

Improved Bioavailability

Traditional creatine supplements can suffer from poor bioavailability, with a significant portion being lost during digestion. Liposomal delivery enhances the stability and absorption rate of creatine, maximizing its benefits.

Reduced Dosage Requirements

Due to the increased absorption efficiency, smaller doses of liposomal creatine are needed to achieve the same or even better results compared to traditional forms. This reduces the risk of gastrointestinal discomfort associated with higher doses of creatine.

Sustained Release

Liposomal technology can provide a controlled and sustained release of creatine, ensuring a more steady supply of the compound to the muscles over time. This can enhance the overall effectiveness of the supplementation regimen.